

2 on the Lake Talk

MICHIGAN CITY SENIOR CENTER

Michigan City, IN 46360 • 219-873-1504 • 8am – 4pm, Mon – Fri

Director: Tara Miller • Assistants: Laura Garbacik, Laura Steele
michigancityparks.com/senior

July 2026

**We will be
CLOSED
Fri, July
3rd in
observance
of Inde-
pendence
Day.**



America's 250th Birthday Party, Game Night & Ice Cream Social



Thurs, July 16th

3:00-7:00pm

Cost \$5



This is the replacement for the Spring Game Night so play games of your choosing with your friends, partake in all of the raffle prizes available, and get in on the 50/50. For dessert: Get a slice of birthday cake and a scoop of ice cream (with lots of toppings to choose from). Then stick around for the FREE Municipal Band Concert that starts at 7:30. Suggestion: Have your group bring in pizza, fast food or a potluck and have dinner here. We'll provide napkins, cutlery, plates, bowls, coffee, lemonade. Tickets available in the Asst Director's office. (Spring Game Night tickets are valid for this event if you already purchased them.)



Hot Dogs & Hamburgers on the Patio

Wed, July 22nd 11:30am-1:00pm



Hot dog (\$3) Hamburger (\$4)

Cheeseburger (\$5)



All include chips and lemonade.

All proceeds benefit the Senior Center.

Lighthouse Connection Barbershop Quartet

Fri, July 10th 2:30pm



Step back in time and feel the harmony come alive with a dynamic barbershop quartet that brings rich, four-part vocals to the stage. With crisp chords, playful rhythms, and irresistible charm, these performers blend classic nostalgia with fresh energy. Whether they're delivering heartfelt ballads or toe-tapping tunes, their tight harmonies and lively stage presence will leave you smiling and humming long after the final note. Come experience the magic of voices in perfect sync—this is musical storytelling at its most captivating. FREE event. No need to sign-up.

You've asked, we're delivering:

We have a Day Trip
planned for you!



See pg 5 for details!!

Veteran's Services Presentation

By Ed Lozano, LaPorte County Veteran's Services Representative



Wed, July 1st at 1:00pm

ATTENTION all Veterans and spouses of Veterans:

Are you aware of the benefits you are entitled to? Discover the resources, benefits, and support available to those who have served—join our informative presentation on Veteran's Services. Learn how to access care, education, and career opportunities designed specifically for veterans and their families. Don't miss this chance to connect, ask questions, and take the next step toward the benefits you've earned.

JULY ~ 2026

MON

9am Stretch It Out!
 9:45am Exercise
 10:45am T'ai Chi w/Tom
 12:pm Duplicate Bridge
 12pm Hand & Foot
 12:30pm Mexican Train
 1:00pm Knitting & Crocheting Bee
 1pm: Chair Zumba (\$5)

TUES

7:30am: Sunrise Yoga on the Beach
 9am: Billiards
~~9am: BYOD Computers~~
 9:30am Mahjong
 9:30am Tai Chi (video)
~~10am 1-on-1 Comp Class~~
~~11am 1-on-1 Comp Class~~
 12noon Five Crown
 12pm: Euchre
 1pm: Chair Zumba (\$5)
 1:30pm: Line Dancing (\$5)

WED

8:30am SHIP (by appt)
 9:00am Stretch It Out!
 10am: Casual Bridge
 9:45am Exercise
 11:00am Pinochle
 12:30pm Mexican Train/Dominoes
 12:30 Rummikub
 1:30pm: Texas Hold 'Em Yahtzee

THURS

7:30am Sunrise Yoga on the Beach
 9:00am Billiards
 9:00am-2pm Woodcarving
 9:30 Tai Chi (video)
 9:30am Samba Card Game
 1:00pm BINGO

FRI

9am: Stretch It Out (\$1 for this class)
 9:30 Jokers & Marbles
 9:45am Exercise
 10am Sing-along
 10am Chess Club
 10:30-12:30 Italian
 12:30pm Pinochle
 12:30pm Rummikub

Special Events

No computer classes in July Resumes in August.

NO BINGO
July 16th.

REMINDER: Last chance to get a Washington Park parking sticker is Fri, July 3rd!!

- Wed, July 1st: Veteran's Services Presentation 1:00pm (see front pg)
- Tues/Thurs, July 2nd, 7th, 9th, 14th, 16th, 21st, 23rd, 28th, 30th: Sunrise Yoga 7:30am
- Thurs, July 2nd: Blood Pressure Checks by North Shore Health 12:30pm
- Thurs, July 2nd: South Shore Seniors Investment Club 11am
- Fri, July 3rd: CLOSED/Observance of Independence Day
- Wed, July 8th: Graf Dairy Heroes Presentation 1pm (see pg 3)
- Fri, July 10th: Lighthouse Connection Barbershop Quartet 2:30pm
- Mon, July 13th: Popcorn & A Movie 1pm (see pg 3)
- Tues, July 14th: Advisory Board Meeting 9:30am
- Wed, July 15th: Red Hat Anniversary Party 12noon (see pg 3)
- Wed, July 15th: French Club 1pm
- Thurs, July 16th: America's 250 Birthday Party/Game Night/Ice Cream Social (see front pg)
- Mon, July 20th: Dick Biondi/The Voice That Rocked America 1:00pm (see pg 3)
- Tues, July 21st: Holistic Approach Massage Therapy 9:30-12:30pm (\$10 for 10 min chair massage)
- Wed, July 22nd: Hot Dogs on the Patio 11:30am-1:00pm (see front pg)
- Thurs, July 23rd: Newsletter Assembly 8:30am
- Tues, July 28th: Coffee with the Mayor 9:30am
- Tues, July 28th: Card Making with Jamie 1pm (see pg 3)
- Wed, July 29th: Canterbury/Polish Peasant Day Excursion (see pg 5)
- Thurs, July 30th-Sun, Aug 2nd: Great Lakes Super Boat Races (parking limited)

Sunrise Yoga on the Beach

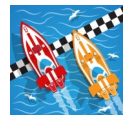
Instructor:
Kate Triemstra

Tues & Thurs mornings at 7:30am through August 4.
Canceled during inclement weather. It's FREE and there's no need to sign up, just show up! Bring a towel.

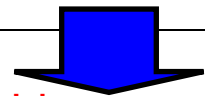
Thank you to our June BINGO Sponsor: Center Health

We appreciate their support so much.

B I N G O



NOTICE!!! Last year we had to move all vehicles OUT of the handicap parking spaces on Friday of the Boat Races. If you need close up parking on Fri, July 31st, we advise that you do not come to the Senior Center on this day. We cannot reserve any parking and you may be asked to move if necessary. We apologize for any inconvenience.



The Dick Biondi Story: The Voice That Rocked



America

**Mon, July 20th at
1:00pm**

No one ruled radio like Dick Biondi, the fast-talking, fan-loving DJ who turned radio into a rock'n roll revolution when Top 40 was king. The first U.S. DJ to play The Beatles on the radio, Biondi helped promote legends like Elvis, Little Richard, and the Beach Boys. Kids adored him. Station managers fired him. And his legacy endured for six decades. A nostalgic journey through the golden age of AM radio, told through rare photos, re-creations, and interviews with fans, musicians, broadcasters, and Biondi himself. This heartfelt documentary celebrates the man who helped define a musical era and set the bar for every DJ who followed.

Card Making with Jamie Tues, July 28th at 1pm



We will make 3 cards at this session (which should take about a 1-2 hours or so.) Theme TBD **Cost is \$15** and includes ALL materials to create three cards. ***If you have attended this class previously, please notify Jamie you are signing up for this session and pay her directly at the session. If you're new, sign up & pay at front desk by Wed, July 22.***



Become a Graf Dairy Hero! Presentation **Wed, July 8th at 1:00pm**

The Graf Dairy Hero Foundation believes each child is born beautiful and wants to do good. Through the HEROES Arcade/Museum, Graf Dairy cultivates that heroic mindset. All proceeds benefit the children in our own community. Last year: Cool-spring's "Habitat of Character" Awards, MCHS football & wrestling teams, Marquette Quiz Bowl team, and National Honor Society. Graf needs volunteers to work the desk at the Museum at 601 Wabash St, MC. No experience needed/training provided & flex schedules. Come learn more about it at the presentation. No need to sign up, just show up.



Popcorn & A Movie **Mon, July 13th at 1:00pm**

"The Others"

Sponsored by Aseracare

Free!

Set in 1945 on the island of Jersey, Grace Stewart (Nicole Kidman) lives in a large, darkened mansion with her children, Anne and Nicholas, who suffer from Xeroderma Pigmentosa, a rare condition making them extremely sensitive to sunlight. To protect them, Grace keeps the house shrouded in darkness and enforces strict rules, blending religious discipline with isolation. When the family's previous servants mysteriously disappear, Grace hires three new staff members: Mrs. Bertha Mills, the housekeeper; Mr. Edmund Tuttle, the gardener; and Lydia, a mute maid. Their arrival coincides with a series of unexplained phenomena—doors opening on their own, piano music playing in empty rooms, and Anne claiming to see a boy named Victor and other mysterious figures. Grace becomes increasingly convinced that the house is haunted. She discovers a 19th-century album of deceased residents, hears footsteps, and witnesses objects moving seemingly by themselves. Her fear escalates, leading her to seek a priest to bless the house and confront the supposed intruders.

Rated PG-13 rating for thematic elements and frightening moments.

Firecracker Fillies Red Hatters

Fireworks & Freedom Anniversary Party, July

15 @12noon: Theme will be Red, White & Blue in honor of America's 250th Birthday! Wear Red Hat Attire or Red/White/Blue. **COST \$24.** Reserv/pymt by July 2nd.

UPCOMING EVENTS:

August: Memo's Lunch: 1714 U.S.

20 E, MC @ 12:00noon: Menu choic-

es: 1) Spare ribs; 2) Pork chop, 3) Walleye Fish. All entrees come with potato, soup or salad, beverage and ice cream for desert. **COST \$20.**

Reserv/pymt by Aug 7

*Please call Jeannie if you have to cancel, even last minute! Reserv/Pynt **CHECK ONLY** to: Firecracker Fillies and left at Sr Ctr in sealed envelope marked w/your name, phone #, & event. Add! info: Jeannie at 874-7794.*





Mahjong Anyone?

If you'd like to learn Mahjong, or be refreshed on how to play if you know some basics, please sign up at the front desk. If we get enough interest, we have a volunteer willing to teach. Instructional Class day/time TBD.

Thank you to Lewis Bakery for donating the hamburger & hot dog buns for our Hot Dogs on the Patio event in May!

Volunteer needed!

We're looking for a friendly volunteer to help us welcome new members to our Senior Center. The role would involve making a quick phone call to introduce yourself, answer any basic questions, and help our new members feel at home.



If you enjoy connecting with people and would like to help create a warm and inviting atmosphere, please let the Director know. Your kindness can make a big difference!

NEWSLETTER by EMAIL

If you gave us your email address, you should have received this newsletter by email. If not, it could have gone to your SPAM folder so be sure to check. Or it's possible we don't have your email address. Also please be sure to add to your contacts list:



mcseniorcenter@myactivecenter.com

BONUS, email versions are in color!



T-Shirts for sale!



We have the sample colors at front desk along with a copy of the images that will be on the front and back. Cost is \$20. Please sign-up at the front desk and pre-pay. Pre-orders thru mid-July. Pick up end of July/early August.

South Shore Seniors Investment Club

meets on the first Thursday of each month at 11:00am. Prospective members are welcome to attend. Prior investment knowledge is NOT necessary—come learn with us. *The next meetings are July 2nd & Aug 6th.*



Welcome New Members!

- Sally Allen
- Russel Bible
- Robert Bloom
- Susan Bloom
- Deboria Curry
- Barbara Depasquole
- Jack Elson
- Phyllis Rich-Elson
- Milane Fay
- Patrick Fay
- Frank Fetters
- Paula Ford
- Dawn Fredson
- Deanna Gonzalez
- Martin Hardy
- Julie Janatik
- Madelyn Lynch
- Hub McCoy
- Carla McPherson
- Bill Passaglia
- Sabrina Penney
- Arlene Potempa
- Laverne Sanders
- Edwin Shelton
- Denise Spanopoulos
- Paul Spanopoulos
- Elizabeth Vaughan
- Patrick Vaughan
- Tom Wade
- John Wolf



Thank you to MaryJo Chabala for her generous donation in loving memory of Sue Childress.



Director's Corner



Happy 250th Birthday America!...Tara

The One Day Getaway Day Trip

Wed, July 29th: Canterbury Theatre & Polish Peasant Restaurant: 807 Franklin St, MC This getaway is local, it's with a group for a fun social outing, it's during the day, it includes a ticket to The Canterbury Theatre to see The Taffetas (see below), and an early dinner at the Polish Peasant! Menu: "The Taste of Poland" which is a buffet of: pork cutlets, stuffed cabbage rolls, pierogis, sauerkraut and house made sausage, beverage (coffee, tea, soda), and gratuity. Meet at the Canterbury Theatre (807 Franklin St) at 1:45pm—parking available where the Farmer's Market is located on Washington & 8th St. Show begins at 2:00pm, early dinner to follow. Space limited to 25 attendees so **SIGN UP NOW** to secure your spot. **Cost \$45. Checks/cash payable to: MCSC. See a staff member for sign-up. Must pay & sign-up by Fri, July 17. NO REFUNDS. You must find a replacement or forfeit your payment.**



The Taffetas: Conceived, Written, and Vocal Arrangements by Rick Lewis. Featuring 40+ tunes from the 50's, this nostalgic musical features a girl group, The Taffetas, out of Muncie, IN as they appear on a national network TV show in the 1950's. The four sisters are small town folks, naïve and vulnerable, hoping the Ed Sullivan show will launch their singing careers. We are catapulted back to a time of large hair, angora sweaters, hula hoops & poodle skirts!



Thank you to our BINGO group for their kind and generous donation to the Senior Center! It is much appreciated!

Thank you Jerry Biller for assembling not only our raffle bikes, but also the purple bikes that are available to all members for check-out (FOR FREE!). If you haven't had a chance to take a ride through Washington Park on our brand new adult tri-cycles, you're missing out. See a staff member for details and to check-out one of the trikes.



Parking in Washington Park has **CHANGED from previous years**. You must now have a sticker/registered online, or pay to park or you will receive a citation. Do NOT take up 2 spaces—park between the lines or you WILL receive a citation. Do NOT park on the diagonal striped blue lines in the handicapped spaces, those are NO PARKING ZONES. You WILL receive a citation if you do. All of these carry a \$40 citation and they are being enforced vigorously. ~The Management

Computer/Internet/

FACEBOOK /BYOD Classes

NO CLASSES IN JULY!!



We will resume Aug 4th. See you then!



VOLUNTEER NEEDED!

HELP!

We need a volunteer to help with the newsletter

once a month (4th Thursday of the month) from 8:30am-9:30am approximately. We mainly need someone willing to take the newsletters to the post office. There is no heavy lifting, and it's easy. We currently have someone that does this, but if they are off sick or aren't able to be here, we need a back-up. If you're interested, please see the Director.



French Club

Wed, July 15 at 1:00pm

Join Scott Archambault as he delves into everything French.. The club will discuss culture, language, art, travel and so much more. If you speak French, BONUS! If not, we'll work on common phrases and basic language skills to help you improve on your speaking and reading of the language. NO PRIOR language experience necessary. Come share your love of everything French with those who love it too! This club meets once per month on the third Wednesday of each month.


July

- 1 *Terry Peckat
William Stark
- 2 *Martin Hardy
*Donna Pawlak
- 3 *Sandra Edlen
*Nancy Odell
Jamie Sales
*Elizabeth Vaughan
- 4 *U.S.A. 250th!
*Sunny Gardner 
Matt Nieman
- 5 Stephen Bannwart
Karen Benjamin
Donna Mitchell
Linda Rice
William Shawver
*Dennis Will
- 6 *Frank Gazzolo
Margaret Gosnell
*Sherry Jones 
Richelle Wilke
- 7 Dianne Debald
- 8 Brad Barclay
Jane Derbyshire
*Catherine Dickerhoff
*MaryAnn Johnson
Connie Lundee
- 9 *Kaye England 
Debbie Gann
Lynn Gresham
*Eleanor Krus
- Dorothy Levy
Mary Lou McFadden
Marty Vouri
- 10 *Kathy Lubeznik
- 11 Kathy Brill
*Peg Cullen 
Robert Fleming
*Richard Grams
Roger Guerin
*Rosemary Nowicki
Bonnie Schaaf
- 12 *John Connelly
Cindy DeLucca
- 13 Lloyd Lombard
- 14 *Loretta Bannwart
*Cindy Batz
*Garry England 
Mary Gish
*Theresa Gross
Jane McDonald
*(Dolores) Sue Mowat
Kris Prohl
*Rebecca Ray
*Dolores VanUlzen
- 15 *Alta Manigold



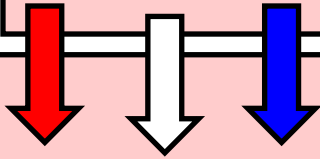
HAPPY BIRTHDAY!

- 16 Ernie Dingler
Susan Fabian
Sue Marz 
*Robert Shikany
Robert Solberg
- 17 *Peggy Lawson
*Kevin Mallon
*Mariusz Mazurek
Ruth Riederer
- 18 Sandy Hayman
- 19 *Ted Binsz 
*Sundra Bryner
*Harold (Hy) Fryar
*Jennifer Hardwick
Mary Frances Mitchell
*Cindy Smith
Linda Williams
Sue Woodland
- 20 Gloria McMahon
Kay Plough
Teri Stach
- 21 *Robert Tylisz
- 22 *Walt Bukva
*Betty Green 
Evelyn Mitchell
*Diane Yettaw
- 23 *Eva Severt
- 24 Jerry Crosslin
- 25 *Paulette Duncan
*Jodi Dusek
Steve Kowalczyk
*Robert Novak
Gloria Wigent 
27 Vera Lewis
Nancy Lippens-Kennedy
Helga Miller
Robin Tharp
- 28 Jan Schlegelmilch
- 29 Janice Buchwalter
Anita East
Mary Beth Mullenholz
*Kathleen Pagnano
*Bill Passaglia 
*Richard Scott
*William Thompson
Debra Williams
- 30 Betty Doran

- 31 Sheila Brown
Jane Ferris
*Darrell Garbacik
Naomi Goodman
*Felicia Jordan 
*Peter Ruschak

The Naughty List!

Continuing each month, you're on the naughty list if you haven't had your picture taken. How do you know? You have an asterisk next to your name in your birthday month. It's so easy, just stop at the front desk and let them know you need to get your picture taken for the database. They'll walk you through it!



Thanks to a generous donation by member Kathleen Pahs-Rhodes, if you are on the naughty list and get your picture taken, we'll give you a FREE beach-themed hand crafted jar/bottle opener that Kathy made!
(Supplies limited. Only those who were on the naughty list are eligible. See Staff for details.)

Why can't you tell knock-knock jokes on the 4th of July? Because FREE-DOM RINGS!

Use it or Lose It

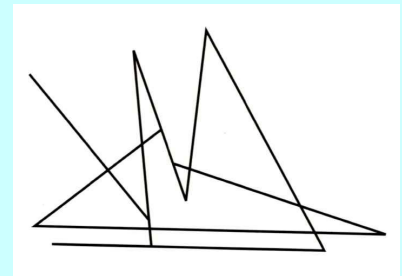
New research on the human brain shows that the brain responds well to the right kind of stimuli (both mental and physical activity). In each issue of the Golden Times (space permitting), I'm going to be sharing some exercises for your brain. I encourage you to incorporate them into your daily life and let's keep ourselves as active & healthy as we can! This month,

"Visual Memory"



To exercise visual-spatial abilities, draw

this geometric figure with your right hand. Then draw it with your left hand. Next try to draw it from memory. Keep practicing. You'll notice good improvement.



We sold over \$1,000 in gift cards during our Hacienda Give Back Night! Thank you all for your support. See you at the Galveston Give Back on Thurs, Oct 22!





2026 Things to Come 2026



August

30th-Aug 2nd: Great Lakes Super Boat Races
 5th: Dunes Learning Center Presentation
 10th: Hot Dogs on the Patio
 21st: Chess Tourney

September

7th: CLOSED/Labor Day
 10th: **Harvest Ball**
 17th: Hot Dogs on the Patio



November

11th: CLOSED/Veteran's Day
 12th: Thanksgiving Dinner
 26th & 27th: CLOSED/Thanksgiving



October

9th-11th: Bridge Tournament
 14th: Soup Day
 15th: Trivia Challenge
 22nd: Galveston Giveback Night

Chess Tourney

Fri, Aug 21st at 10am

Presented by the M.C. Senior Center Chess Club.
 FREE to enter. **First prize is a \$20 gift certificate and bragging rights.** Chess Club member Albert Isbell will preside over tournament. Must be a Senior Center member to enter.



Call 873-1504 to register!

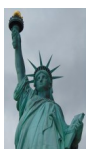


ATTENTION: Please be extra cautious during the warmer months as more and more cyclists, motorcyclists and pedestrians are out and about. Even our own Senior Center members may be out on the purple tricycles gliding through Washington Park! Be sure to look twice and be aware of your surroundings. **Remember, they have the right of way!**



What kind of tea did the American colonists thirst for?

~Liber-tea!

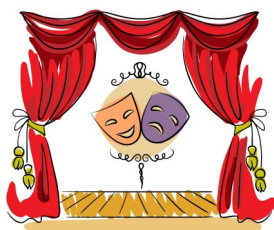


Canterbury Summer Theatre

July 8-18: Calvin Berger: Based loosely on the classic play, *Cyrano de Bergerac*, this musical comedy is the hip and hilarious story of unrequited feelings, love notes and physical insecurity amount four high school seniors.

July 22-Aug 1: The Taffetas. Featuring over 40 tunes from the pop charts of the 50's, this nostalgic musical features a girl group, The Taffetas, out of Muncie, IN as they appear on a national network TV show in the 1950's.

Aug 5-8: Red, White & Tuna. This side-splitting comedy takes the audience through a satirical ride into the hearts and minds of the lovable and eccentric citizens of Texas' third smallest town, Tuna. The 4th of July Tuna High School Class Reunion sets the stage for a show full of fireworks and fun from the land where the Lion's Club is too liberal and Patsy Cline never dies!



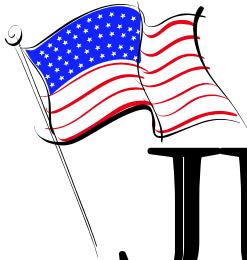
Canterbury Theatre
 807 Franklin St, MC
 219-874-4269

www.canterburytheatre.org

Michigan City Senior Center
Two on the Lake
Michigan City, IN 46360

NON-PROFIT
ORGANIZATION
US POSTAGE PAID
MICHIGAN CITY, IN
PERMIT NO. 51

Or Current Resident



JULY



Happy Anniversary

Lloyd & Pennie Lombard on their 65th on July 1
Rick & Tia Miscik on their 18th on July 1
Jerry & Cindee Schroll on their 54th on July 1
Forrest & Jan Edwards on their 18th on July 3
Dennis & Jeanne Guzman on their 39th on July 4
John & Becky Tiedeman on their 51st on July 5
Robert & Patricia Carstens on their 41st on July 7
Ron Poling & Helen Pytynia on their 19th on July 7
Stephen & Loretta Bannwart on their 50th on July 10
Dan & Catherine Burcham 55th on July 10
Dwayne & Cathy Shaffer on their 55th on July 10
Mark Cichoracki & Tara Miller on their 13th on July 13
Ken & Debbie Bye on their 24th on July 14
Richard Denton & Janet Beutner on their 3rd on July 15
Frank & Ree Labaj on their 49th on July 15
Arthur & Ann Ruhe on their 49th on July 16
Richard & Susan Brooks on their 61st on July 17
Harold (Matt) & Karen Norman on their 22nd on July 17
John & Kim BaRoss on their 45th on July 18
James & Lauren Arnold on their 34th on July 18
Jim & Chris Coburn on their 52nd on July 20
Douglas & Linda Wickstrom on their 52nd on July 20



Jerry & Barbara Bailey on their 67th on July 21
Joseph & Lori Cole on their July 26th anniversary
Robert & Linda Eisenberg on their July 25th anniversary
Daniel & Donna Simon on their 62nd on July 25
Jerry & Mary Ella on their 52nd on July 27
Ronald & Anna Foldenauer on their 59th on July 29
Thomas & Jeanne (Rowan) Hickey on their 31st on July 29
Jim & Cheryl Chapman on their 57th on July 30
Jeff & Beverly Jirtle on their 43rd on July 30
Thomas & Darlene Nelson on their 26th On July 30
Tom & Holly Welk on their 48th on July 30
Robert & Linda Zeidler on their 50th on July 31



Get Well Soon

Judy Niec, Maxine Schwartz and anyone else
feeling a bit under the weather.



In Sympathy...



We wish to extend sympathy to:
Kris Prohl on the loss of her mother Ruth Lyness;
Sandra Johnson-Lee on the loss of her husband Richard
"Rusty" Lee; and to and anyone grieving the loss of a loved
one.