

2 on the Lake Talk

MICHIGAN CITY SENIOR CENTER

Michigan City, IN 46360 • 219-873-1504 • 8am – 4pm, Mon – Fri
Director: Tara Miller • Assistants: Laura Garbacik, Laura Steele
michigancityparks.com/senior

May 2026

Spring Game Night

Thurs, May 14th

4-8pm

Tickets \$5.00



Gather a group of friends and decide what game(s) you are going to play. We provide coffee/tea/lemonade, desserts, plates, plasticware, napkins. You either eat before you come, or bring your own food with. We will have all the great raffle prizes you're accustomed to. We count on this event as a major fundraiser for us. Please help us make it a success.

Line Dancing

IS BACK!

Every Tues starting

May 5th

from 1:30-3:00pm

Instructor: Christine Hayes

\$5 per session (pay instructor)



YMCA Presentation Blood Pressure Program

Thurs, May 28th at
12noon-2pm

Don't miss this extraordinary opportunity to learn about the new blood pressure program available through the YMCA.

See pg 4
for more
details.



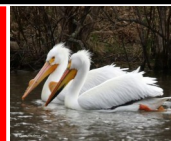
Hacienda Give Back Night

To benefit the MC Senior Center!

Tues, May 12th

Hacienda will rebate 20% of all sales on this day to us! EVEN the purchase of gift cards count so if you're unable to have lunch or dinner on this day, at least plan to purchase a gift card. To make it even easier, we will have a gift card order form in our office. Just stop in prior to May 12th, let us know what denomination of gift card you would like, pay us in cash or check, and we'll pick them up for you and have them available here at the Center the next day. You are NOT allowed to use a gift card in conjunction with the coupon for the give back night (save your already purchased gift cards for another time). Also you CANNOT distribute coupons (which are located on page 6 of this newsletter) on site. But feel free to make copies and pass them out elsewhere to friends & family! The more we participate, the more we'll earn so come enjoy Taco Tuesday and support the Senior Center on May 12!

COUPON LOCATED ON PAGE 6



Spring is Busting Out All Over!

May 27th at 2:00pm
Come spend an afternoon with birder, naturalist and photographer, Lynea Hinchman, as she takes us on a journey through spring in the Indiana Dunes. This program includes spectacular photos of birds, mammals, butterflies, dragonflies, reptiles, flowers and more. Birding expert, Lynea Hinchman, a naturalist, is an authority not only of birds, but many aspects of nature. She has birded for more than 40 years on all 7 continents. Plan to attend. You're in for a treat!

Hot Dogs/ Hamburgers on the Patio

Thurs, May
21st 11:30am-
1:00pm

Come join us for a delicious grilled hot dog (\$3), hamburger (\$4), or cheeseburger (5) with chips and lemonade!!!

All proceeds benefit the MC Senior Center.

We will be closed on Mon, May 25th for Memorial Day.



MAY ~ 2026



MON	TUES	WED	THURS	FRI
9:00am Stretch It Out! 9:45am Exercise 10:45am T'ai Chi w/Tom 12:00pm Duplicate Bridge 1:00pm Knitting & Crocheting Bee 12pm Hand & Foot	9am: Billiards 9am: BYODComputers 9:30am Mahjong 9:30am Tai Chi (video) 10am 1-on-1 Comp Class 11am 1-on-1 Comp Class 12noon Five Crowns 1:00pm Euchre	8:30am SHIP (by appt) 9:00am Stretch It Out 10:00am Casual Bridge 9:45am Exercise 11:00am Pinochle 12:30pm Mexican Train/Dominoes 12:30 Rummikub 1:30 BUNCO	9:00am Billiards 9:00am-2pm Woodcarving 9:30 Tai Chi (video) 9:30am Samba Card Game 1:00pm BINGO	*9:00am Stretch It Out ↑ (\$1.00 for this class) 9:30 Jokers & Marbles 9:45am Exercise 10am Sing-along 10am Chess Club 10:30Italian 12:30pm Pinochle 12:30pm Rummikub

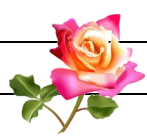
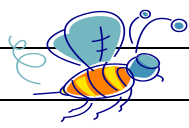
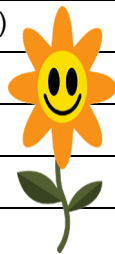
Special Events



NO BINGO on Thurs, May 14th due to Spring Game Night.

**T'ai Chi w/Tom (normally held on Mon & Fri) will be held on Mondays only until Sept*

- Mon, May 4th: Hearing Evaluations by appt (see pg 5)
- Mon/Tues, May 4/5: Chair Zumba 1:00pm (see pg 5)
- Tues, May 5/12/19/26: Line Dancingg 1:30-3:00pm (see front pg)
- Thurs, May 7th: Blood Pressure Checks by NorthShore Health Centers 12:30pm
- Thurs, May 7th: South Shore Seniors Investment Group 11am
- Thurs, May 7th: Holistic Approach Massage Therapy 9:30-12:30pm (see pg 5)
- Sun, May 10th: Happy Mother's Day!
- Mon, May 11th: Popcorn & A Movie/"" 1pm (see pg 3)
- Mon/Tues, May 11/12: Chair Zumba 1:00pm (see pg 5)
- Tues, May 12th: Advisory Board Meeting 9:30am
- Tues, May 12th: Hacienda Give Back Night (see front pg & pg 6-coupon)
- Thurs, May 14th: Spring Game Night 4-8pm (see front pg)
- Mon/Tues, May 18/19: Chair Zumba 1:00pm (see pg 5)
- Mon, May 18th: Volunteer Luncheon by invite (see pg 7)
- Tues, May 19th: Holistic Approach Massage Therapy 9:30-12:30pm (see pg 5)
- Wed, May 20th: French Club 1-3:30pm
- Thurs, May 28th: Hot Dogs & Hamburgers on the Patio 11:30am-1:00pm (see front pg)
- Mon, May 25th: CLOSED/Memorial Day
- Tues, May 26th: Coffee with the Mayor 9:30am
- Tues, May 26th: Card Making with Jeanene at 1:00pm (see pg 5)
- Wed, May 27th: Spring is Busting Out All Over w/Lynea Hinchman 2:00pm (see front pg)
- Thurs, May 28th: Newsletter Assembly 8:30am



Thank you to our Soup Day Volunteers! They were here faithfully helping with prep, sales, and clean up. We appreciate you all so very much and hope you'll be returning in the fall when soup day resumes! A special thanks to our Chef Extraordinaire, Cindy Jacobs! See you in the Fall!

Thank you to all the volunteers & baked goods donors for the Trash N Treasure Sale. Because of your efforts, we made almost \$1,300 between table sales, bake sale and food sales!

Thank you to **The Elms** for sponsoring our May BINGO.





French Club

Wed, May 20 from 1-3:30pm

Join Scott Archambault as he heads up this new club for those who love everything about French culture. We'll discuss culture, language, art, travel and so much more. If you speak French, BONUS! If not, we'll work on common phrases and basic language skills to help you improve on your speaking and reading of the language. NO PRIOR language experience necessary. Come share your love of everything French with those who love it too! This club meets once per month.



Asst Superintendent Will Walker will be here to help those who wish to sign up online for their annual Washington Park Parking Sticker.

Thurs, May 7 and Mon, May 11

Times: 11:00am-1:00pm

BRING YOUR VEHICLE REGISTRATION!

Washington Park Parking Sticker Office May 1st-July 3rd

North Pointe Pavilion, Washington Park, 6 on the Lake, MC

**Hours: Mon/Closed, Tues-Fri
10am-6pm, Sat 9am-1pm**

Annual Sticker Fees

**Michigan City CIVIL CITY Resident
FREE**

**Senior Center Members
\$28**

**LaPorte County Residents
\$40**

**Out of LaPorte County
\$100**

Out of State

\$150

Parking Operation will start mid-May thru Labor Day. After Labor day as weather and staff permits.

**M.C. Parks &
Recreation**



Dept Surveys are available at our front desk or use the QR Code to fill out online.



Popcorn & A Movie

Mon, May 11th at

1:00pm

"Enchanted"

FREE!



Sponsored by AseraCare

For princess-to-be Giselle (Amy Adams), life is a fairy tale — until she's banished from the animated land of Andalasia and thrust into the very unmagical, live-action world of modern-day Manhattan. When a cynical, no-nonsense divorce lawyer (Patrick Dempsey) comes to her aid, little does he realize that this joyful, wide-eyed innocent is about to enchant him. Enchanted is a musical comedy and spoof on fairy tale movies that will have you under its spell and laughing at the absurdity of traditional Disney movies.

Firecracker Fillies Red Hatters

Mon, May 4th @11:30am: Celebrate on the eve of Cinco de Mayo at Hacienda, 2148 N Karwick Rd, MC. Menu choices: 1)

Chimichanga, 2) Burrito, 3) Taco Salad. All include: choice of meat (shredded beef/chicken, ground beef, pulled pork) chips/ salsa, soda or tea, tax & gratuity. Red Hat attire or a sombrero/Mexican attire. **Reserv/pymt by Apr 24th. Cost \$20**



UPCOMING EVENTS:

Sun, June 7th @2:00pm: Footlight Players Theatre: "Miss Magnolia Senior Citizen Beauty Pageant" Theatre opens at 1:30pm. We will pick a restaurant to eat at after the play for those that would like to join. Separate checks.

Reserv/pymt by May 29th. Cost \$17.

*Call Jeannie if you have to cancel, even last minute! Reserv/Pynt **CHECK ONLY** to: Firecracker Fillies and left at Sr Ctr in sealed envelope marked w/your name, phone #, & event. Add'l info: Jeannie at 874-7794.*

WE WANT YOUR INPUT!

The Michigan City Parks and Recreation Department are seeking public input for our 5-year Master Plan (2027-2030)

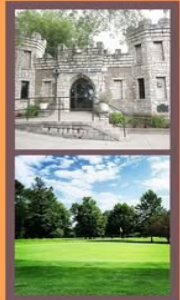
To take the survey, please visit the link or scan the QR code

[2026 MC Parks and Recreation Department Survey](#)



Surveys are also located at the Park Office, the Michigan City Senior Center, the Washington Park Zoo, the Michigan City Golf Course, the Michigan City Public Library, Laporte County Convention and Visitor Bureau, and Mayor Angle's office in City Hall.

There will also be opportunity for public input at the 10/07/26, 10/21/26, and 11/04/26 Park Board meetings.



SURVEYS MUST BE RETURNED TO THE PARK OFFICE BY 4:00 PM ON FRIDAY, OCTOBER 16TH, 2026, TO BE INCLUDED IN THE PLANNING PROCESS.

Michigan City Parks and Recreation Department
100 E. Michigan Blvd / Suite 2
Michigan City, IN 46360
Phone: 219.873.1506
<http://parks.michigancityin.gov>



FIRST TRAVEL 2026 TRIPS



NEW MEMBERS

WELCOME!

San Antonio, TX Sat, Sept 19-Sun, Sept 27, 2026



\$1,145/pp dbl occupancy

- Motorcoach transp.
- 8 nights lodging including 4 consecutive nights in San Antonio area
- 14 meals: 8 breakfasts, 6 dinners
- Guided Tour of San Antonio



• Cruise at San Antonio's famous River Walk Dis-

trict

- Visit to the famous ALAMO and IMAX Theatre presentation: "ALAMO...The Price of Freedom"
- Visit to the San Antonio Missions
- Tour of the LBJ Ranch



Washington, DC Thurs, Apr 30-Tues, May 5, 2026

\$819/pp dbl occupancy

- Motorcoach transp.
- 5 nights lodging including 3 consecutive nights in the Washington, DC area
- 8 meals: 5 breakfasts, 3 dinners



• Guided Tour of Washington, DC including the

WWII Memorial, Capitol Hill, Embassy Row, the Korean War, Veterans Memorial, the Vietnam Veterans Memorial, the Martin Luther King Jr. National Memorial, the Lincoln Memorial and more!

- Evening Guided Memorial and Monuments Tour
- Tram Ride through Arlington National Cemetery
- Visit to the Smithsonian Institution



- Judy Colvin
- Larry Colvin
- Yvonne Cooper
- Katie Gallagher
- Arnold Goldberg
- Sherry Gulstrom
- Sue Gust
- Dori Huber
- Pamela Kenroy
- Daniel Kienitz
- Pamela Lang
- Don Mays
- Cathy Morrow
- Laura Ortiz
- Karen Pakuszewski
- Rick Reed
- Laurie Sabie
- Cassandra Shephard
- Deborah Vance
- Patrick Vance
- Rose Weber



Reservation & Payment Policy: Reservations are accepted and held via phone. Call Lisa at 219-879-4633 to reserve your spot, then send in your payment along with your form (available here at the front desk) within 7 days of reservation. Payment must be mailed to First Travel Center, PO Box 472, LaPorte, IN 46352 Check ONLY. No credit cards or cash. DO NOT send to the Senior Center.

Physical Limitations: If you have physical limitations that may make traveling more difficult please consult with First Travel beforehand. We can advise you of the level of activity as well as accommodations (or lack thereof). Some trips are more strenuous than others.

Know your limits!

Pricing Policy: All trips are priced at current expected fuel rates and are subject to increases. Gratuity for motorcoach driver not included.

Cancellation Policy: All trips are non-refundable unless a replacement is secured.

Travel Policies

(Continued from pg 1)

Thurs, May 28th from 12noon-2pm

Stop by the information desk if you would like more information on their new blood pressure program. This program is for anyone who has been diagnosed with high blood pressure but has not experienced a recent cardiac event or have atrial fibrillation or other arrhythmias, and a YMCA membership is not required. The program is run by our certified Healthy Heart Ambassadors on the proper technique for taking one's own BP accurately. In addition, these Ambassadors assist participants in identifying trends and patterns in their readings over time and provide ongoing support to make self-monitoring a habit.

The program is \$15 a month (scholarships available on a sliding scale based on income) and runs for 4 months. Participants receive:

- A Home Pressure Monitor and Cuff to use and keep forever
- 2 in-person sessions/month with a Healthy Heart Ambassador
- 4 monthly nutrition seminars

Director's Corner

**Happy Mother's
DayTara**



Divine Vintage Story Walk **Fri, May 8th 10am-**

12:30pm

Soak up the sunshine & enjoy the fresh blooms of spring with an enchanting stroll through

M.C. Uptown Arts District. Step into the world of Divine Vintage as the author herself (Sandra Young) guides you along. Walk is FREE! Register by May 6. Optional gathering at Shoreline Brewery immediately following.



A Holistic Approach Massage Therapy

By Abigail Harmon, LMT



Abby will be offering 10 minute chair massages for \$10 for Senior Center members here at the Center. Cash payments only directly to Abby.

Call 219-873-1504 to schedule your appointment.

Appointments every 15 minutes

Thurs, May 7, & Tues, May 19: 9:30am-12:30pm

Chair Zumba Gold

45 minute class

\$5 per class (pay instructor)

Walk-ins welcome

Mondays & Tuesdays 1:00pm

May 4/5, 11/12, 18/19, 26th (no class Mon, May 25th)



Computer/Internet/

FACEBOOK /BYOD Classes

Bring Your Own Device (BYOD) Tues-



days at 9am. Bring your own laptop, Ipad, Smartphone, Tablet etc. *No sign up required.*

One on One classes on Tues-
days at 10am & 11am and
sign up IS required! Call
873-1504.

Hearing Evaluations



Held on the first Monday (unless it's a holiday) of each month.

Rob Burke from Acoustic Services in South Bend will be conducting the FREE evaluations by appointment from 9am-2pm. Please call 219-873-1504 to schedule your appointment with our front desk.

Card Making with Jamie



Tues, May 26th at 1pm

3 cards at this session.

Theme TBD **Cost is \$15**

and includes ALL materials to create three cards. **If you have attended this class previously, please notify Jamie you are signing up for this session and pay her directly at the session. If you're new, sign up & pay at front desk by Wed, May 20th.**

- 1 Shirley Gross
- *Sandra Lewis
- Suzanne Miller
- Donna Nieman
- Vicki Rudolph
- 2 Alice Beckman
- Deborah Teets
- 3 *Lynnie Partenberry
- 4 *Jane Balog
- *Callie Hurt
- Thomas Solomon
- Kathy Walker
- Loretta Young
- 5 *Holiday Lammon
- 6 Gail Graves
- Katherine Hale
- Donald Niswonger
- Barbara (Bobbi) Petru
- *Joan Robinson
- Rosemary Wignall
- 7 *Kathleen Bair
- Janiece Barbknecht
- Jacqueline Kravetz
- 9 *William Ladra
- 10 *Patricia Bohne
- *Tony Levendowski, Jr.
- 11 David Foldenauer
- Carol Root
- *Karyn Schuck
- Vickie Troyer
- 12 Patricia Mackin
- *Stanley Penziol
- Lorraine Singleton
- Mary Stark
- 13 *Mary Broviak
- *Maureen Dunne
- Patricia Guenther
- *Michael Pagnano
- Sue Smith
- Betty Sobecki
- 14 Louise Pecoraro
- Linda Ruschak
- 15 Janet Jones
- *Monica Nowatzke
- 16 *Luster Lewis
- Patricia Miller
- Joann Oszuscik
- Tom Trampski
- 17 Kathy Chase
- *John Losiniecki
- *Melinda Nagle
- *Cindy Schroeder
- 18 Alice Doran
- *Shirley Griffin
- *Sally Holt
- Dorothy Ostrega
- 19 *James Arendas
- 20 Janice Chapman
- Sharon Fizer
- 21 Shannon Gast
- *Michael McCluskey
- *Jeanne St Peter

May



Happy Birthday!



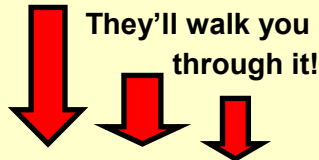
- 22 Darnel Ellis
- 23 Lynne Jacobs
- *Joel Majot
- Mary Mason
- 24 Kathie Fritz
- Pam Lindborg
- Donna Solberg
- *Carol Teshima
- 25 Marvin Dirks
- *Laurie Mabin
- *Vernon Norberg
- *Norman Paniccia
- *Jerry Schmidt
- *Janet Stanaszek
- Georgiana Timm
- 26 Merle Miller
- 27 *Diane Dawson-Klinder
- *Jackie Sullivan
- 28 Dorothy Lisak
- 29 *Kim BaRoss
- Lynette Johnston
- Pamela Kienzynski
- 30 Sheila Anderson
- *Paul Dimke
- Tim Vail
- 31 *Marian Kaddouh



Since the Easter Egg Hunt was a drive-thru event this year due to the inclement weather, and the kids took home their eggs, we will be collecting plastic eggs to donate to them for next year. Please drop off anytime Mon-Fri 8am-4pm here at the Senior Center.

The Naughty List!

Continuing each month, you're on the naughty list if you haven't had your picture taken. How do you know? You have an asterisk next to your name in your birthday month. It's so easy, just stop at the front desk and let them know you need to get your picture taken for the database.



They'll walk you through it!

Thanks to a generous donation by member Kathleen Pahs-Rhodes, if you are on the naughty list and get your picture taken, we'll give you a FREE beach-themed hand crafted jar/bottle opener that Kathy made! (Supplies limited. Only those who were on the naughty list are eligible. See Staff for details.)

"If April showers bring May flowers, what do May flowers bring?" Pilgrims



Thank you Mary Frances Mitchell for donating an amazing giant snowman. We're excited to display him, but not too soon. Let's enjoy our summer/fall first!

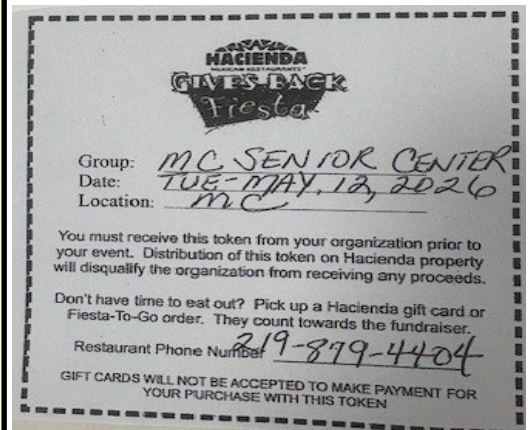
Use it or Lose It

New research on the human brain shows that the brain responds well to the right kind of stimuli (both mental and physical activity). In each issue of the Golden Times (space permitting), I'm going to be sharing some exercises for your brain. I encourage you to incorporate them into your daily life and let's keep ourselves as active & healthy as we can! This month:

"7 Things Game"

Hold an ordinary object in your hand and use it to demonstrate seven different things that the object might be. For example, a rock might be a door-stop, a hammer, a paper weight, a lid, a marker in the yard, a stepping stone, and a grinder for grain.

Try objects such as: a fly swatter, a feather, a safety pin, a fork or spoon, a dollar bill. You will think of many other possibilities. Write down all the things that the object might be. The goal is to come up with seven, but often you will be able to think of additional ones. The more the better. Let your imagination run wild!



Welcome to our new Life-time Member: Barbie Miller



2026 Things to Come 2026

June

19th: CLOSED/Juneteenth

21st: Happy Father's Day!

August

July 30-Aug 2nd: Great Lakes Grand Prix Races

21st: Chess Tournament

July

3rd: CLOSED/Independence Day (observed)

15th: Red Hat Anniversary Party

16th: Ice Cream Social

July 30-Aug 2nd: Great Lakes Grand Prix Races

September

7th: CLOSED/Labor Day

10th: Harvest Ball



Red Hat Society

Firecracker Fillies Chapter wants **YOU!**

YOU are invited to join the Firecracker Fillies

Chapter of the Red Hat Society. Dues are only \$5 per year. What do the Red Hats do you ask? Nothing! Well.....nothing but have fun that is! So if you'd like to become a member, please contact Jeannie at 219-874-7794 and she'd be happy to get you signed up!



WE WANT YOU

Thank you to all of those who donated back the price of the Spaghetti Dinner ticket. Loren & Ruth Adrian, Barb Fisher, Mary Frances Mitchell, Linda Parrish,



The Michigan City Lighthouse Museum has a new phone number: 219-229-3838

Hours of Operation: Wed-Sun from 1-4pm

**\$10 Adult Admission
Volunteers/Docents always needed.**



Dunes Family & Senior Fair

A Celebration of Summer Season
FREE: food, firetrucks face painting, prizes, community resources

May 27 from 10am-1pm

110 Clear Lake Blvd, LaPorte, IN 46350

Volunteer Luncheon

Our Volunteer Luncheon will be held on Mon, May 18 at 11:30am. If you volunteered at least 1 hour but less than 24 hours you should have been invited but will need to pay the reduced cost of \$15 for your seat. If you volunteered 24 hours or more, you should be invited to attend for FREE! If you believe you should have been invited, but have not received an invitation (all invitations went out mid-April), please see a staff member. Keep in mind that the hours that we are counting are for Jan 1-Dec 31, 2025 ONLY. IF YOU ARE HERE TO VOLUNTEER, YOU SHOULD BE SCANNING YOUR MEMBERSHIP CARD AND CLICKING ON "VOLUNTEER" THEN SELECTING THE CATEGORY. We don't have individual events listed under volunteer hours—only categories. If you're unsure which category, select GENERAL. If you're here for multiple events (attending or volunteering, you can do that all at the same time. If you're not sure how, just ask. We're happy to assist.) Contact the Director ASAP if you feel we have missed inviting you to the luncheon.



Michigan City Senior Center
Two on the Lake
Michigan City, IN 46360

NON-PROFIT
ORGANIZATION
US POSTAGE PAID
MICHIGAN CITY, IN
PERMIT NO. 51

Or Current Resident



Happy Anniversary

Michael & Yolanda Bradley on their May anniversary
Jack & Carla Komarek on their May anniversary
Arturo & Laurie Pozos on their 28th on May 2
Bernard & Jane Hayman on their 41st on May 4
Ken & Ruth Wall on their 37th on May 4
James & Ann Johnson on their 49th on May 6
Raymond & Connie Jones on their 50th on May 6
David & Denise Sheeler on their 48th on May 6
Bill & Vicki Wantland on their 27th on May 7
Greg & Katie Gallagher on their 27th on May 8
Scott Meland & Zaina Zainal on their 27th on May 8
Daryl & Linda Pomranke on their 44th on May 8
Michael & June Salmon on their 59th on May 13
William & Mary Beth Mullenholz on their 54th on May 14
Patrick & Deborah Vance on their 21st on May 14
Vince & Linda Morton on their 33rd on May 15
Larry & Jude New on their 44th on May 15
Brian & Dawn Trusha on their 11th on May 16
Allen & Doreen Zepik on their 56th on May 16
Dan & Jamie Sales on their 35th on May 17
James & Cynthia Schroeder on their 46th on May 17
Augustyn & Irene Dudek on their 67th on May 18
Allen & Carol Jones on their 58th on May 18
Jerry & Cindy Bolding on their 47th on May 19
Mark & Susan Kline on their 14th on May 19
Jerry & Debbie Gann on their 48th on May 20
Jeffrey & Jodi Kirsch on their 42nd on May 20
Mark & Sue Marz on their 10th on May 21



Thomas & Natalie Solomon on their 43rd on May 21
Scott & Sharon Baumruck on their May 23rd anniversary
Robert & Barbara Wisthoff on their 39th on May 23
Phillip & Teri Stach on their 14th on May 25
Ron & Barb Frasure on their 37th on May 26
Craig & Lynea Hinchman on their 53rd on May 26
Laverne & Elizabeth Nicksch on their 57th on May 26
Jack & Kathy Pahs-Rhodes on their 53rd on May 26
Robert & Kathy Angelo on their 54th on May 28
James & Barbara (Bobbi) Petru on their 44th on May 30



In Sympathy...

We wish to extend sympathy to:
Robert Callan on the loss of his wife Terrie Callan;
Nancy Jahnell on the loss of her husband John
Barnes; and to the family of Jayne Krol.

Get Well Soon:

Lee Birdsong, Dan Mallon, Judy Niec,
Virginia Orlowski, Debbie Palm,
Carole Stewart and to anyone feeling
a bit under the weather.

