

THE GOLDEN TIMES

The Michigan City Senior Center
2 on the Lake * Michigan City, IN 46360
(219) 873-1504 * Hours: 8am-4pm * Mon-Fri
Director: Tara Miller Assistants: Dorothy Biller; Laura Steele

**JANUARY
2025**

Card Making with Jeneane



Tues, Jan 28th at 1pm

We will make 3 cards at this session (which should take about a 1-2 hours or so.) Theme TBD **Cost is \$15** and includes ALL materials to create three cards. **If you have attended this class previously, please notify Jeanine you are signing up for this session and pay her directly at the session. If you're new, sign up & pay at the front desk by Wed, Jan 17.**

Woodcarving Group

9am-2:30pm each Thurs

Do you enjoy working with your hands? Have you ever wanted to try woodcarving, but didn't know where to begin? We have an award winning group of wood carvers here at the MC Senior Center who love what they do and enjoy sharing their skills with those who want to learn. If you're interested, no need to sign up, just show up on any given Thursday and meet with the group leader Darlene. She can give you more info and advise you on the tools you will need to get started!



**CLOSED: Mon, Jan 1st/New
Year's Day & Mon, Jan 20th/ Mar-
tin Luther King Jr. Day**



Coffee with the Mayor

Tues, January 28th at 9:30am



**With our Mayor:
Angie Nelson-Deutch!**



Soup Day!

**Wed, Jan 22nd at 11:30am
Italian Wedding w/Meatballs**

Eat-in: \$3.00 bowl

To-go's: \$4 Small, \$6 Large

Served with bread. We hope you'll join us!

**Sponsored by Life Care Center of
Michigan City. Volunteers needed.
Sign-up at front desk.**



**Feeling Sluggish after the Holidays?
Take advantage of one of our exercise
classes (Stretch it Out, Basic Exercise
Class, T'ai Chi) to get you energized
for the New Year!**

REMINDER!







**We DO NOT follow the M.C. Area Schools CLOS-
INGS for inclement weather. If they close, WE STAY
OPEN. Always use YOUR best judgment in deciding
whether to venture out in the weather even if we are open.**



January ~ 2025



<u>MON</u>	<u>TUES</u>	<u>WED</u>	<u>THURS</u>	<u>FRI</u>
9:00am Stretch It Out! 9:45am Exercise 10:45am T'ai Chi 12:00pm Duplicate Bridge 1:00pm Knitting & Crocheting Bee	9am: Billiards 9am: BYOD Computers 9-1 Ceramics 9:30am Mahjong 9:30am Tai Chi (video) 10am 1-on-1 Comp Class 11am 1-on-1 Comp Class 12noon Five Crowns 1:00pm Euchre	8:30am SHIP (by appt) 9:00am Stretch It Out! 9:45am Exercise 12:30pm Mexican Train/Dominoes 12:30 Rummikub 1:00pm BUNCO	8:30-11am Wii Game 9:00am Billiards 9:00am-2pm Woodcarving 9:30 Tai Chi (video) 9:30am Samba Card Game 11am Bridge 1:00pm BINGO	9:00 Coloring, Drawing & Painting Group 9:30 Jokers & Marbles 9:45am Exercise 10am Sing-along 10am Chess Club 10:30-12:30 Italian 10:45am T'ai Chi 12:30pm Pinochle 12:30pm Rummikub
 SPECIAL EVENTS				

Wed, Jan 1st: CLOSED/New Year's Holiday

Thurs, Jan 2nd: SSS Investment Club 11am



Mon, Jan 6th: Hearing Evaluations (call for appt)

Tues, Jan 14th: Advisory Board Meeting 9:30am



Mon, Jan 20th: CLOSED—Martin Luther King Jr. Day

Thurs, Jan 22nd: Soup Day (Italian Wedding w/Meatballs) 11:30am (see front pg)

Thurs, Jan 23rd: Newsletter Assembly 8:30am

Mon, Jan 27th: Popcorn & A Movie at 1:00pm/"Hillbilly Elegy" see pg 3



Tues, Jan 28th Coffee with the Mayor 9:30am (see front pg)

Tues, Jan 28th: Card Making with Jeneane at 1pm (see front pg)

Stretch It Out!

With Terrell Thomas

Mondays & Wednesdays at 9am

Some of the key benefits of stretching are:

*Decreased injury risk. Regular stretching may help reduce your risk of joint and muscle injuries

*Improved athletic performance

*Improved circulation

*Increased range of motion *Less pain *Relaxation

You've been asking for a gentle movement, stretching class and we are proud to be able to offer this highly beneficial and fun class. The instructor can show you how to get the most out of stretching no matter what level of fitness you are at. No need to sign up—just show up!



Hearing Evaluations

Continue on the 1st Monday of each month (unless it's a holiday—in which case it will be held on the 2nd



Monday of the month). Rob Burke from Acoustic Services in South Bend will be conducting the FREE evaluations by appointment from 9am-2pm.

Please call 219-873-1504 to schedule your appointment with our front desk. Appointments can fill up quickly so schedule now! (Jan 6th is the next available appointment)



Michigan City Yearbooks!

Elston Still needed: 1914 and before, 1917-1922, 1978, 1987. Please be sure to check with the Director to be sure we still need any of these years. Sometimes they're already donated by the time you read this.

St. Mary's still needed: 1942, 1956, 1962-1968 (*There was no 1961 yearbook because the monsignor at the time felt that they were a waste of money.)

Marquette: 1969-1974, 1976-1979, 1981+

Rogers High School: 1973-1983, 1987-1989, 1991-1994

MC High School: 1995, 1998-2003, 2005+



Did you know we have a Ceramics Program now?? No need to sign up. Just show up on Tuesdays from 9am-1:00pm.



Congratulations to our 2024

Raffle Winners:

1st Prize: Nettie Copeland
2nd Prize: Denise Hale * 3rd Prize: Lori MacMillan



Spiral Ham winners: Brownie Robb & Maruska Kelly. And be watching for the 2025 raffle tickets to go on sale starting in March!

Popcorn & A Movie Mon, Jan 27th at 1pm "The Miracle Club"



Sponsored by Life Care Center

WE HAD WI-FI ISSUES WHEN WE TRIED TO SHOW THIS IN DEC SO WE'RE TRYING AGAIN FOR JAN. Set in 1967, THE MIRACLE CLUB follows the story of three generations of close friends, Lily, Eileen, and Dolly of Ballygar, a hard-knocks community in Dublin, who have one tantalizing dream: to win a pilgrimage to the sacred French town of Lourdes. Each woman has her own reasons for wanting to visit that place of miracles that draws millions of visitors each year. When the chance to win a trip to Lourdes presents itself, the women seize it. However, just before their trip, Chrissie (the estranged daughter of their now deceased friend Maureen) arrives in Ballygar for her mother's funeral, dampening their good mood and well-laid plans. The women set out on the journey that they hope will change their lives, with Chrissie, a skeptical traveler, joining in place of her mother. The glamour and sophistication of Chrissie, who has just returned from a nearly 40-year exile in the United States, are not her only distancing traits: Old wounds are reopened along the way, forcing the women to confront their pasts even as they travel in search of a miracle. Starring: Maggie Smith, Kathy Bates, Agnes O'Casey, Laura Linney. *Rated PG-13 for language, thematic elements.*

Firecracker Fillies Red Hatters



NO EVENT SCHEDULED IN JAN

Sun, Feb 16th: "PROOF" Play at the Footlight Players Theatre:

"Proof" is a drama about Catherine, age 25. Her father has died; she has been his caretaker. He was brilliant but unstable. Her estranged sister arrives and others. How much of his genius or madness has she inherited? Theatre opens at 1:15pm and the Play starts at 2:00pm. Optional early dinner for those interested. Restaurant will be chosen during the intermission. Order off menu with separate checks. Cost \$17 for show. Deadline for sign-up & payment is Jan 31st.

Wed, Feb 19th: "Lunch at Patrick's Grill," 4125 Franklin St, MC:

Menu choices: #1 Soup of the Day w/chicken salad on croissant; #2 Patrick Burger w/fries, #3 Romaine & Apple salad with chicken. All include beverage, tax & gratuity. Deadline for sign-up & payment is Feb 7th.

*Call Jeannie if you have to cancel, even last minute! Reserv/Pymt **CHECK ONLY** to: Firecracker Fillies and left at Sr Ctr in sealed envelope marked w/your name, phone #, & event. Add'l info: Jeannie at 874-7794.*

Thank you to the 40 volunteers who helped make our Thanksgiving Dinner such a success. We appreciate it so much! We made over \$1,400 which goes towards our programming here! Thank you again, and thank you to those who came to the dinner in support of this event!



FIRST TRAVEL 2025 TRIPS



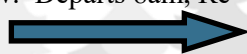
Tues, Apr 1: “Almost, Maine” at Cornwell’s Dinner Theatre, Marshall, MI. Welcome to Almost, Maine: a town that’s so far North, it’s almost in Canada. One cold clear night in the middle of winter, while the northern lights hover into the sky above, Almost’s residents find themselves falling in and out of love in the strangest ways. Knees are bruised. Hearts are broken. Love is lost, and then found. And life, for the people of Almost, will never be the same. Pkg includes transp, lunch of complete turkey dinner, and show. Departs 8am, Returns 5pm. **\$125pp. Reserv/pymt MUST be received by Feb 20.**

Thurs, May 29: “Lucille Ball Portraval” at the Jacob Henry Mansion Estate, Joliet, IL. In the 1950s, actress and comedienne Lucille Ball captures the hearts of television viewers across the nation, while her production company brought new innovations off screen. You won’t want to miss this portrayal by historian Leslie Goddard. Following the show, enjoy a self-guided tour of the historic Jacob Henry Mansion Estate. Pkg includes transp, lunch of Chicken Apricot, show, and tour. Departs 9:30am, Returns 3pm. **\$120pp (dinner gratuity not included). Reserv/pymt MUST be received by April 15.**

Wed, June 18: “Ned & Nancy” at Blue Gate Theatre, Shipshewana, IN To celebrate his retirement and 40th wedding anniversary, Ned Richards surprises his wife Nancy with a cross-country road trip in his shiny, brand new RV! As good as his intentions are, this “vacation of a lifetime” quickly turns into one hilarious disaster after another. An encounter with a biker gang, a hot air balloon ride gone wrong, an Amish stowaway, a mugging in DC-and many other twists and turns down the road. Ned and Nancy end up seeing way more of America than any postcards could ever begin to describe. Through it all, new memories are made, old ones relived, and vacation frustrations melt away in the beauty that is America. Add to that the poignant moment at a military memorial, stunning Americana Travelog scenery, and some cruising “Golden Oldies” on the radio, and a surprise ending that will leave you singing and laughing. Pkg includes transp, lunch of family style dinner, and show. Departs 8am, Returns 3:30pm. **\$127pp (minimum dinner gratuity included). Reserv/pymt MUST be received by May 1.**

Wed/Thurs, July 16/18: Ohio Island Hoppin’ Tour (featuring Kelleys Island & Put-In-Bay) Pkg includes: 2 nights lodging, 2 breakfasts, 2 full course dinners, Island Hoppin’ Cruise on Lake Erie, Visit to Kelleys Island, Tram Tour of Put-In-Bay, African Safari Wildlife Park Tour, Perry’s Victory & International Peace Memorial, Merry-Go-Round Museum & Carousel Ride, Antique Car Museum, Butterfly House, Souvenir Gift, Luggage Handling, Taxes & Meal Gratuities, Motorcoach Transportation. **\$599pp dbl occupancy. \$75 deposit due with reservation. Balance due by April 30. (Special form needed for this trip—available at the front desk.)**

Wed, Oct 15: “The Rise and Fall of Miss Fannie’s Biscuits” at Blue Gate Theatre, Shipshewana, IN. Mysteries have a way of following Fannie Miller, so when she makes it into the finals of the Tuscarawas County Baking Contest and contestants start disappearing, she calls on her old friend Foster Bates, a retired cop and part-time private investigator. Could it be that other finalists are somehow responsible for these disappearances, thinning out the competition? Like the couple on the verge of divorce who needs the prize money, or the three Beiler sisters always in a huddle whispering. One thing is for certain—Foster and Fannie will stay on the case until the end, and everyone involved will have learned something important about baking contests, solving mysteries and life. Pkg includes transp, lunch of family style dinner, and show. Departs 8am, Returns 4:30pm. **\$128pp (minimum dinner gratuity included). Reserv/pymt MUST be received by Sept 1.**



Contact First Travel at 219-879-4633 or 219-326-1889

NEW MEMBERS

WELCOME!



Larry Brown
David Pezzuto
Linda Rice
Bill Rossworn
Jacques Smalley

*“I used to have a handle
on life, but then it
broke.”*



Travel Policies:

Reservation & Payment Policy: Reservations are accepted and held via phone. Call Lisa at 219-879-4633 to reserve your spot, then send in your payment along with your form (available here at the front desk) within 7 days of reservation. Payment must be mailed to First Travel Center, PO Box 472, LaPorte, IN 46352 Check ONLY. No credit cards or cash. DO NOT send to the Senior Center.

Physical Limitations: If you have physical limitations that may make traveling more difficult please consult with First Travel beforehand. We can advise you of the level of activity as well as accommodations (or lack thereof). Some trips are more strenuous than others. Know your limits!

Pricing Policy: All trips are priced at current expected fuel rates and are subject to increases. Gratuity for motorcoach driver not included.

Cancellation Policy: All trips are non-refundable unless a replacement is secured.

Director's Corner



Myself, as well as my Assistant Directors Dorothy Biller and Laura Steele, would like to thank all of the volunteers here at the Michigan City Senior Center. We truly could not put on the programming that we do without you. And you make it not only easier, but fun as well. We are very fortunate to have you all and we wanted to let you know just how much your efforts are appreciated each and every day. For anyone who would like to become a volunteer, there are a few simple steps. First of all you must be a member in good standing (55+ of age, U.S. Citizen, dues paid for the current year). Next we ask that you look for volunteer opportunities in the newsletter. We generally put out a call for volunteers for our big events either the month previous, or the month of an upcoming event. If you don't see a volunteer request, but you know there's a big event coming up (we do make mistakes on occasion) feel free to call the front desk and ask if volunteers are needed for the upcoming event. Accumulation of 24 (or more) hours per year will get you an invitation to our annual Volunteer Luncheon as an honored guest. If you happen to fall short of the 24 hours, you are still invited to the luncheon, however a reduced charge of \$15 will apply. Volunteerism is known to increase happiness, reduce stress, and provide a sense of accomplishment to the volunteer. We sincerely hope you'll consider becoming one of our treasured volunteers in 2024. From the Staff here at the Senior Center, we wish you all a **Happy New Year!** Tara, Dorothy, Laura & Laura

P.S. Dorothy would like to thank all of you for making her job here so much fun. She may be retired, but she'll be around plenty! Also, please welcome our new Assistant Director Laura Garbacik. That's right, both Assistants are named Laura! Easy to remember, but possibly confusing! :)

Computer/Internet/

FACEBOOK /BYOD Classes

- **Bring Your Own Device**
(BYOD) Tuesdays at 9am.



Bring your own laptop, Ipad, Smartphone, Tablet etc. **No sign up required.**

- **One on One classes on Tuesdays at 10am & 11am and sign up IS required! Call 873-1504.**

Did you know we have greeting cards for sale 4 for \$1.00 and postcards 8 for \$1.00. It's a small way we can raise money for our programming here at the Senior Center. We have a good variety to choose from so the next time you're in need of a card, consider choosing some from our selection. And if you have unused greeting cards you'd like to donate, please bring them to the Asst Director or Director and we'll add them to our inventory.



Thank you **To our recent donors for their generous donations:** Cindy Bechinski, Jerry Biller, Ceil Brinckman, Dave & Judy Fennell, Shana Hastings-Anderson, Barb Macudzinski, Helen Molinaro, Gloria Shortt,

Betty Sobecki



Thank you to
The Arbors for
their December
BINGO sponsorship!

1 *Charles Covert
 *Warren Holmes
 Patty Mershon
 Al Ticken
2 *Paul Heitmann
 *Ray Kominiarek
 *Norman Linsemeyer
 *Barbara Lutton
 Vince Morton
3 *Lorraine Barr
 *Vachel Liggins
 Susie Lutz
 *Laurie McGowan
 *Gregory Rancatore
 *Janet Retseck
 *Eugene Smiertelny
 *Bruce Stransky
 *Jerry Stump
4 Daryl Penfold
 Arthur Ruhe
5 *Melody Haynes
 *Sue Henderson
 *Sharyn Redding
 *Norma Sipress
6 *Joyce Beckner
 *Ron Sturgeon
7 *Erna Cash
 *Andrea Golliff
 Kim Haynes
 *Pamela Pizarek
8 *Leonard Carlson
 Judy Davis
 Susan Kahn
 *Rich Pirkel
 *Cathy Shaffer
9 *Susan Bagby
 Walter Creutzburg
 *John P. White
10 Jerre Applegate
 *Katherine Brennan
 Kay Gauthier
 *John Jannsen
 *Carole Lapointe
 *John Starr
 *David Switt
11 *David Bobinski
 Linda Morton
 Diane Novitzke
12 *Anita Budny
 Patricia Hoodwin
 Kim Schwartz
13 *Sandy Beck
 *Nolah Gertner
 *Karen Marfise
 *Virginia Seay
 *Kay Wilson



January Happy Birthday!

15 Kei Constantinov
 *Betty Taylo
16 *Beverly Gregory
17 *Douglas Wickstrom
18 *Keith Casey
 *Linda Eisenberg
 *Terri England
 *Jean Frehse
 *Ronald Keller
 *Pauline Missal
 *Diane Noble
19 *Chris Arndt
 George Bauer
 *Lewis Comegys
 *Liliana Foy
 *Gloria Girard
 *Frank McCarty
20 *Marilyn Hattisburg
 *Gloria Jones
 *Vera Malwin
21 Dorothy Biller
 *Sandra Boeckling
 *Edward Emmons
22 John Beuhler
 Dennis Guzman
23 Pamela Bird
 *Brenda Novak
 *Kimberly Patton
24 *Kathy Angelo
 *Elaine Campbell
 *John Moynihan
 *Lori Syed
25 *Rebecca Steinborn
 *Trish Tompkins
26 Sandy Cook
 Betty Nulf
27 *Lee Birdsong, Jr.
 *Mark Kline
 *Robert McFadden
 *Deni Newton
 *Richard Shevock
28 Carol Block
 Elaine Bogart
 *Frank Corcoran
 *Bunny Dimke
 Maria Enriquez
 *Debbie Irk
 Carol McGinnis
 *Ralph Peterson
 Eloise Ponder
 *Darla Rissman
 Dwayne Shaffer
 *Gail Wolford



30 June Bowman
 *Toni Cannon
 Deborah Schroll
31 *Curtis Hatfield
 Rudy Nichols
 *Sherri Silcox



Starting this
month, if you
haven't had your
picture taken,
you're on the
naughty list (you
have an asterisk
next to your name
in your birthday
month in the
newsletter). So if
you have that
pesky asterisk,
come in and get
that photo taken!
 Thanks!

Please save can-
celled stamps

& turn in to our front desk. The Retired Nuns of St. Mary's Convent in South Bend sort & sell them to collectors with proceeds benefitting missions for the poor. Thanks!



Use it or Lose It

New research on the human brain shows that the brain responds well to the right kind of stimuli (both mental and physical activity). In each issue of the Golden Times (space permitting), I'm going to be sharing some exercises for your brain. I encourage you to incorporate them into your daily life and let's keep ourselves as active & healthy as we can! This month, "Words in Place of Numbers"

Most of us have a need to remember numbers such as our social security number, our car license plate number, important phone numbers, and perhaps our bank account #.

We can help ourselves remember these numbers by translating them into letters or words that have meaning for us. For example: your license plate number is W4448. Remember it by saying "Walter fast, fast, fast, ate." Silly, but it works. Another license plate LYP449. Remember it by recalling Lip 4 49ers.

Try your hand at finding words which give meaning to some number(s) in your life. The more humorous and exaggerated the better.

Congratulations to our 2025

Advisory Board officers:

President:

Susie Lutz

Vice-President:

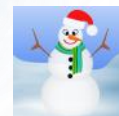
Mary Lou McFadden

Treasurer:

Patricia Manning

Secretary:

Cecilia Brinckman



2025 Things to Come 2025

February

- 11th: Soup Day
- 17th: CLOSED/Presidents Day



March

- 11th: Salute to Adv Bd & Park Dept
- 12th: Balance Assessment by Rittenhouse
- 13th: Soup Day
- 28th: CLOSED/Set-up for Trash & Treasure
- 29th; Trash & Treasure Sale

April

- 1st: 1st Travel Trip/Almost Maine
- 7-12th: 1st Travel Trip/Branson
- 16th: Easter Egg Stuffing for City
- 18th: CLOSED/Good Friday
- 20th: Happy Easter!
- 24th: Trivia Challenge



May

- 8th: Spring Game Night
- 11th: Happy Mother's Day!
- 19th: Volunteer Luncheon
- 22nd: Spaghetti Dinner
- 26th: CLOSED/Memorial Day
- 29th: 1st Travel/Lucille Ball

MEMBERSHIP

- Members must be age 55 or older and be a citizen of the United States of America.
- All membership records shall remain confidential. Access to membership records are not permitted to outside agencies nor individuals for any reason.
- Members are welcome at the center and all its functions regardless of sex, race or creed.

CONDUCT of members and those using the facility shall:

- Conduct themselves in an acceptable manner that is not offensive to fellow members or staff.
- Dress in clean and appropriate attire.
- Not be under the influence of alcohol and/or drugs.
- Not use abusive, loud or profane language.
- Not use physical violence of any kind.

Recently our Advisory Board had been asked about membership requirements/rules so we thought we'd post them each January for all members to read.

DISCIPLINE POLICY for conduct violations outlined in ARTICLE IV-2 above shall be subject to the following discipline at the discretion of the Senior Center Director.

- A. 1st Violation: Verbal warning, may be asked to leave and noted on membership card, depending on severity of violation.
 - B. 2nd Violation: Written warning and asked to leave.
 - C. 3rd Violation: 30 day suspension from center and activities.
 - D. 4th Violation: 6 months suspension from center and subject to dismissal and membership revocation.
- APPEALS must be put in writing and directed through the Advisory Council Executive Board. They will conduct an appeals hearing and issue a final and binding resolution.
 - The Advisory Board reserves the right to refuse membership to anyone.

Or Current Resident



Happy Anniversary

Awad & Miriam Taha on their 54th on Jan 2
Norman Linsemeyer & Pat Turner on their 6th on Jan 3
Mike & Jane Quint on their 66th on Jan 3
Gene & Linda Davis on their 52nd on Jan 4
Stephen & Nancy Gonzalez on their 52nd on Jan 6
Joseph & Patricia Cartalino on their 53rd on Jan 8
Jim & Carol Cowles on their 2nd on Jan 8
Robert & MaryLou McFadden on their 41st on Jan 9
Wayne & Janet Carpenter on their 34th on Jan 12
James & Janet Dolph on their 51st on Jan 12
Al & Jeanne Ticken on their 24th on Jan 13
Robert & Mary Stark on their 49th on Jan 17
Michael & Liliana Ganz on their 60th on Jan 25
Steve & Margot Hale on their 57th on Jan 26
Jim & Louise Hoffmaster on their 53rd on Jan 29



Get Well Soon

Barb DeVries, Pam
Durkin, Donna Russell & anyone
feeling a bit under the weather.



**Please continue to notify us of any sym-
pathies, get-wells, or if we've missed or
incorrectly listed any anniversaries or
birthdays Thank you! :)**

In Sympathy...

We wish to extend sympathy to:

Elaine Campbell on the loss of her husband Joe Campbell;
Alice Davis on the loss of her brother Clarence Streeting;
Elizabeth Parnell on the loss of her husband (Donald)
Wayne Parnell, Karen Fleeger on the loss of
her father (Donald) Wayne Parnell; to the family
of Judy Pishkur and to anyone grieving the loss
of a loved one.



We can no longer accept batteries for
recycling. We apologize for
the inconvenience. Please
contact LaPorte County Waste Mgmt
for info on recycling them. Thanks.

