

The Michigan City Senior Center 2 on the Lake * Michigan City, IN 46360 (219) 873-1504 * Hours: 8am-4pm * Mon-Fri

Director: Tara Miller Assistants: Dorothy Biller; Laura Steele



IMPORTANT!!

The Franklin Street Bridge will be CLOSED from January through March 15, 2025 for repairs.

Please use Center Street to access the Senior Center.



Coffee with the Mayor

Tues, Feb 25th at 9:30am With Mayor Angie Nelson-Deuitch! (and/or

her team leaders)



CLOSED on Mon, Feb 17th in observance

Trash 'n Treasure Sale



Sat, March 29, 2024 8:00am-12:00noon

PROCEDURES FOR Table Rental 2024:

- LIMIT 2 banquet tables or equivalent per person.
- If you want more than 2 tables, you must go on a waiting list for the add'l tables and we'll notify you by March 20th if they're available.
- You MUST be present on the day of sign-ups to reserve a table and you can only reserve a table for yourself. You will NOT be allowed to reserve for other members in their absence.
- Cost for banquet table \$20
- Cost for card table \$15
- Deadline to pay for waiting list reservations is Thurs, March 28th.
- NO REFUNDS if we cannot find a replacement.
- Table reservations begin at 8:00am on Fri, Feb 14th.

NO reservations will be accepted prior to that date. ONLY Senior Center members are allowed to reserve table space. Banquet tables are between 6-8ft. Some tables are shorter (6 ft), some are the result of two 42" tables pushed together (7 feet). Some are 8 ft banquet tables. You do not have the option to choose which table you will receive. It is based upon the convenience of the maintenance department as to where they place the tables. Your assignment to a particular area or table is solely at our discretion. We try to place you where you have been in the past if possible, but ultimately we put you where it fits best in the whole set up of the facility. The Sale itself will be open to the public. Advertising for the sale will begin in March. WEFM 95.9 will broadcast live. Sponsored by

Aperion Care/The Arbors of Michigan City

Trash & **Treasure Bake Sale**



We would again like to offer a baked

goods sale to raise extra funds. PLEASE help us out and donate your favorite baked goods. Turn in baked goods on Fri, March 28th NO LAT-ER than 3pm. We'll price your goods. We'd really appreciate your help. ALSO we could use people to help price on Fri, March 28th from 12noon-3pm, and to work the sale on Sat 7:30am-12:30pm (broken up into 2 hour shifts). Sign up for either/both at the

front desk.

Thanks!

of President's Day.

2025 FEBRUARY ~



MON

9:00am Stretch It Out! 9am: Billiards 9:45am Exercise 10:45am T'ai Chi 12:00pm Duplicate Bridge

1:00pm Knitting & Crocheting Bee



TUES

9am: BYODComputers 9-1 Ceramics 9:30am Mahjong 9:30am Tai Chi (video) 10am 1-on-1 Comp Class 12:30 Rummikub 11am 1-on-1 Comp Class 1:00pm BUNCO

12noon Five Crowns 1:00pm Euchre

WED

8:30am SHIP (by appt) 9:00am Stretch It Out! 9:45am Exercise 12:30pm Mexican Train/Dominoes



Happy

THURS

8:30-11am Wii Game 9:00am Billiards 9:00am-2pm Woodcary-9:30 Jokers & Marbles

9:30 Tai Chi (video) 9:30am Samba Card Game

11am Bridge 1:00pm BINGO

FRI

9:00 Coloring, Drawing & Painting Group 9:45am Exercise 10am Sing-along 10am Chess Club 10:30-12:30 Italian 10:45amT'ai Chi 12:30pm Pinochle 12:30pm Rummikub



Special Events

Thurs, Feb 6th: SS Seniors Investment Group 11:00am

Mon, Feb 3rd: Hearing Evaluations (call for appt)

Tues, Feb 11th: Advisory Board Meeting 9:30am

Tues, Feb 11th: Soup Day 11:30am (see pg 3)

Fri, Feb 14th: Sign-Ups for Trash & Treasure

Fri, Feb 14th: Happy Valentine's Day

Mon, Feb 17th: CLOSED/President's Day

Mon, Feb 24th: Popcorn & A Movie/DISCONTINUED (SEE PG 3)

Tues, Feb 25th: Coffee with the Mayor 9:30am

Tues, Feb 25th: Card Making with Jeneane at 1pm (see pg 3)

Thurs, Feb 27th: Newsletter Assembly 8:30am

Thurs, March 6th: SS Seniors Investment Group 11:00am



We have a FREE 7 ft green Christmas tree for

anyone who wants it. It's pre-lit, but some of the lights have burned out. **See Director for** more info.

REAL Services presents



BINGOCIZE!

An evidence based program that combines exercise and health info into the game of bingo. It's a fun way to get moving and socializing! This program will meet every **Thurs**day from March 20 through May 22 from 10:45-11:45am. SIGN-UP is required. Call 873-1504 or stop by the front desk.

Balance Assessment



Wed, March 12 from 12noon-3pm

Join the Rittenhouse Village of M.C. and Select Rehab for a one-of-a-kind experience and receive a "Complimentary Balance Assessment!" This top-of-the-line technology is the FIRST offered in Northwest Indiana & Southern Michigan. Assessing your balance will only take minutes using our advanced "Technology Virtusense." After 3 months, a follow up assessment will be completed to help determine any change in balance stability. At that time, a free custom exercise program and complimentary exercise bands will be provided specifically to you based upon your results. LIMITED availability. Sign-ups begin Feb 3rd by calling Rittenhouse at 219-872-6800. Initial assessment to be done at MC Senior Center. Follow up held at Rittenhouse.

Card Making with Jeanene Tues, Feb 25th at 1pm

We will make 3 cards at this session (which should take about 1-2 hours or so.) Theme TBD Cost is **\$15** and includes ALL materials to create three cards. If you have attended this class previously, please notify Jeanine you are signing up for this session and pay her directly at the ses-



sion. If you're new, sign up & pay at front desk by Wed, Feb 12.

Soup Day
Tues, Feb 11th at 11:30am Chili w/cornbread

\$3.00 per bowl \$4.00 small to-go/\$6.00 large to-go Sponsored by Life Care Center of M.C.



JERRY KARSTEN'S CHILI COOK-OFF! SAT, FEB 22ND

12NOON-3PM AT THE D.A.V., OHIO ST, MC \$5.00 PER TICKET



French Club

Wed, March 5 at 2:00pm Join Scott Archambault as he

heads up this new club for those who love everything about French culture. We'll discuss culture, language, art, travel and so much more. If you speak French, BONUS! If not, we'll work on common phrases and basic language skills to help you improve on your speaking and reading of the language. NO PRIOR language experience necessary. Come share your love of everything French with those who love it too!

Popcorn & A Movie

Is being temporarily discontinued due to licensing compliance issues. The Senior Center Advisory Board is pursuing options for this



event. In the meantime they would like to thank Life Care Center for their continuous sponsorship of this event so that we could keep it free for our members. We trust that you will find other activities here at the Center that provide you with entertainment until this is resolved.

We apologize for any inconvenience.

Firecracker Fillies Red Hatters

Sun, Feb 16th: "PROOF" Play at the Footlight Players Theatre: "Proof" is a drama about Catherine, age 25. Her father has died; she has been his caretaker. He was brilliant but unstable. Her estranged sister arrives and others. How much of his genius or madness has she inherited? Theatre opens at 1:15pm and the Play starts at 2:00pm. Optional early dinner for those interested. Restaurant will be chosen during the intermission. Order off menu with separate

checks. Cost \$17 for show. Deadline for sign-up & payment is Jan 31st. Wed, Feb 19th: "Lunch at Patrick's Grill," 4125 Franklin St, MC at 12noon: Menu: #1 Soup of the Day w/chicken salad on croissant; #2 Patrick Burger w/fries, #3 Romaine &

Cost \$20. Deadline for sign-up & payment is Feb 7th.

Apple salad w/chicken. All include beverage, tax & gratuity.

UPCOMING EVENTS:

Wed, Mar 12th: "Lunch at The Sugar Bowl," 402 US Hwy 20, MC at 12noon: Menu: #1 Hot Beef, #2 Country fried Steak, #3 Stuffed Peppers. All dinners include mashed potatoes, vegetable and soup. Beverages are coffee, tea, and soft drinks. Cost \$19. Deadling for sign-up & payment is Feb 28th.

Call Jeannie if you have to cancel, even last minute! Reserv/Pymt CHECK ONLY to: Firecracker Fillies and left at Sr Ctr in sealed envelope marked w/your name, phone #, & event. Add'l info: Jeannie at 874-7794.

FIRST TRAVEL 2025 TRIPS

MUST be received by Feb 20.



Tues, Apr 1: "Almost, Maine" at Cornwell's Dinner Theatre, Marshall, MI. Welcome to Almost, Maine: a town that's so far North, it's almost in Canada. One cold clear night in the middle of winter, while the northern lights hover into the sky above, Almost's residents find themselves falling in and out of love in the strangest ways. Knees are bruised. Hearts are broken. Love is lost, and then found. And life, for the people of Almost, will never be the same. Pkg includes transp, lunch of complete turkey dinner, and show. Departs 8am, Returns 5pm. \$125pp. Reserv/pymt

Thurs, May 29: "Lucille Ball Portrayal" at the Jacob Henry Mansion Estate, Joliet, IL In the 1950s, actress and comedienne Lucille Ball captures the hearts of television viewers across the nation, while her production company brought new innovations off screen. You won't want to miss this portrayal by historian Leslie Goddard. Following the show, enjoy a self-guided tour of the historic Jacob Henry Mansion Estate. Pkg includes transp, lunch of Chicken Apricot, show, and tour. Departs 9:30am, Returns 3pm. \$120pp (dinner gratuity not included). Reserv/pymt MUST be received by April 15.

Wed, June 18: "Ned & Nancy" at Blue Gate Theatre, Shipshewana, IN celebrate his retirement and 40th wedding anniversary, Ned Richards surprises his wife Nancy with a cross-country road trip in his shiny, brand new RV! As good as his intentions are, this "vacation of a lifetime" quickly turns into one hilarious disaster after another. An encounter with a biker gang, a hot air balloon ride gone wrong, an Amish stowaway, a mugging in DC-and many other twists and turns down the road. Ned and Nancy end up seeing way more of America than any postcards could ever begin to describe. Through it all, new memories are made, old ones relived, and vacation frustrations melt away in the beauty that is America. Add to that the poignant moment at a military memorial, stunning Americana Travelog scenery, and some cruising "Golden Oldies" on the radio, and a surprise ending that will leave you singing and laughing. Pkg includes transp, lunch of family style dinner, and show. Departs 8am, Returns 3:30pm. \$127pp (minimum dinner gratuity included). Reserv/pymt MUST be received by May 1.

Wed/Thurs, July 16/18: Ohio Island Hoppin' Tour (featuring Kelleys Island & Put-In-Bay) Pkg includes: 2 nights lodging, 2 breakfasts, 2 full course dinners, Island Hoppin' Cruise on Lake Erie, Visit to Kelleys Island, Tram Tour of Put-In-Bay, African Safari Wildlife Park Tour, Perry's Victory & International Peace Memorial, Merry-Go-Round Museum & Carousel Ride, Antique Car Museum, Butterfly House, Souvenir Gift, Luggage Handling, Taxes & Meal Gratuities, Motorcoach Transportation. \$599pp dbl occupancy. \$75 deposit due with reservation. Balance due by April 30. (Special form needed for this trip—available at the front desk.)

Wed, Oct 15: "The Rise and Fall of Miss Fannie's Biscuits" at Blue Gate Theatre, Shipshewana, IN. Mysteries have a way of following Fannie Miller, so when she makes it into the finals of the Tuscarawas County Baking Contest and contestants start disappearing, she calls on her old friend Foster Bates, a retired cop and part-time private investigator. Could it be that other finalists are somehow responsible for these disappearances, thinning out the competition? Like the couple on the verge of divorce who needs the prize money, or the three Beiler sisters always in a huddle whispering. One thing is for certain—Foster and Fannie will stay on the case until the end, and everyone involved will have learned something important about baking contests, solving mysteries and life. Pkg includes transp, lunch of family style dinner, and show. Departs 8am, Returns 4:30pm. \$128pp (minimum dinner gratuity included). Reserv/pymt MUST be received by Sept 1.

Contact First Travel at 219-879-4633 or 219-326-1889

See the extended trips on Pg 7.

NEW MEMBERS WELCOME:

Joseph Abene **Jacqueline Allison** Renee Blackburn Susan Bortell Steve Jesse **Bretta Mason Christine Perry Kathleen Rodgers** Lisa Russell **Chervl Skwiat Paul Skwiat Marie Stinchcomb Jacob Tarner** Jeffrey Toyra Michelle Vincere **Barbara Watkins** Kristina Weiner **Lowell Weiner Beverly Zeno**

Travel Policies:

Reservation & Payment Policy: Reservations are accepted and held via phone. Call Lisa at 219-879-4633 to reserve your spot, then send in your payment along with your form (available here at the front desk) within 7 days of reservation. Payment must be mailed to First Travel Center, 0421 W Powell Dr, LaPorte, IN 46350 Check ONLY. No credit cards or cash. DO NOT send to the Senior Center.

Physical Limitations: If you have physical limitations that may make traveling more difficult please consult with First Travel beforehand. We can advise you of the level of activity as well as accommodations (or lack thereof). Some trips are more strenuous than others. Know your limits!

<u>Pricing Policy:</u> All trips are priced at current expected fuel rates and are subject to increases. Gratuity for motorcoach driver not included.

<u>Cancellation Policy</u>: All trips are nonrefundable unless a replacement is secured.

Director's Corner

Happy Valentine's Day to you all! Tara



Senior Companions & Foster Grandparents Information Booth here at the **Senior Center**

March 10 from 9am-11am

Would you like to learn about the impact that **Senior Companions and Foster Grandparents** have on people in LaPorte County? The Ameri-Corps Seniors program, which is federally funded, provides eligible older adults with the opportunity to volunteer and earn a small, tax-free stipend. Join us for a casual gathering where you can enjoy a snack while listening to inspiring stories from those already making a difference as Senior Companions and Foster Grandparents. This could be your chance to discover newfound purpose and fulfillment in your life — consider applying and see how your time can make a real impact! Your journey towards meaningful connections and personal growth awaits you.



The MC Parks & Rec Dept is starting a Chess Club every 1st and 3rd

Monday Starting January 20th from 5:30-7:30pm at Krueger Memorial Hall (801 Liberty Trail, Michigan City). Come for the challenge, stay for the friendships, and make every game a memorable experience. All skill levels are welcome!

Computer/Internet/ FACEBOOK / BYOD Classes Bring Your Own Device (BYOD) Tuesdays at gam.

Bring your own laptop, Ipad, Smartphone, Tablet etc. No sign up required.

One on One classes on Tuesdays at 10am & 11am and sign up IS required! Call 873-1504.

Dorothy Biller (our recently retired Assistant Director)

wanted to thank all of you who wished her well, signed her farewell card, gave her gifts, and attended her retirement party. She is so thankful for your kind wishes.

Hearing Evaluations

Are held on the first Monday (unless it's a holiday) of each

month. Rob Burke from Acoustic Services in Mishawaka will be conducting the FREE evaluations by appointment from 9am-2pm. Please call 219-873-1504 to schedule your appointment with our front desk. This month they are on February 3.

ELIGIBLE CUSTOMERS MAY APPLY FOR ADDITIONAL NIPSCO ENERGY ASSISTANCE PROGRAMS

ASSISTANCE

Additional energy assistance programs are now open for enrollment to income-eligible customers struggling to pay their gas utility bills. Available programs include NIPSCO Hardship, SERV (Supply Energy Resources to Veterans) and SILVER (Seniors in Indiana Low-Income and Vulnerable Energy Resources). Eligible customers can apply through

May 31, 2025 or until funds are exhausted. Programs provide a one-time benefit of up to \$400 per year to help cover NIPSCO residential gas utility bills. Customers who are experiencing financial difficulties are encouraged to visit NIPSCO.com/Assistance or call NIPSCO's Customer Care Center at 1-800-464-7726 as soon as possible to determine what options might be available for their situation.

Happy Birthday!

- 1 *Dan Budig
- 2 *Vangie Kuhn
- *Donna Losiniecki
- 3 *Timothy Hindes
- *James Keel
- 4 *Sara Cain
- *Faye Lehman
- 5 Sherry Schuiteman
- 6 Judy Barsic
- Chris Frigon
- Meg Kearton
- Leo J. Ronda
- *Ruth Williams
- 7 *Veda Briley
- *Patricia Glick
- **8** Marge Gloy
- 9 Carol Bulger
- *Caroline East *Darla Nespo
- Charlene Peals
- *Rae Rankin
- 10 Nancy Meehan
- *Barbara Parry
- Jim Spiller
- 11 *Bob Dillon
- *Janet Dolph
- Esther Schlegelmilch
- 12 *Diane Calderone
- *Ken Hert
- *Wilhelmina McClanahan
- 13 *Joel Charpentier
- *Martha Herrera
- *Kenneth Sischo
- 14 *Don Gustafson
- Jody Presser
- 15 *Renee Blackburn
- **Delores Evans**
- Shirley Reinfurth
- *Nancy Roberts
- 16 *Esther "Jane" Hahn
- *Leon Walker
- 17 *Terry Geary
- Barbara Maxfield
- *Karen Miller Gloria Pytynia
- Doreen Zepik
- 18 Pat Nunes
- *Nancy Trout
- 19 *Mary Hurley
- *Patrick Malott
- 20 *Kathleen Rodgers
- *Theresa Switt

21 *Patricia Cartalino

- *John Marchese
- *Sally McCrindle
- *Mary McDonald
- *Nancy Moldenhauer
- *Craig Nordstrom
- Gloria Shortt 22 *John Baumann
- *Sunny Dowling
- *Patricia Fleming
- Bretta Mason *Leslie Richardson
- Georgiana Shinn
- *Ken Wall
- 23 Sue Brown Susan Childress
- *Kay Kahn
- *Poknam Novak
- 24 *Diane Johnson *Jeannie Lawson
- Paul Wilson
- 25 Nancy Donoghue
- *Jim McCrindle
- *Greg Orlowski
- *Elizabeth Whelan
- **26** *Betty Combs
- Craig Hinchman
- 27 *Charlene Caudill
- *Everett Lawson
- Carole Rahfeldt
- *Betty Thomas
- 28 *Roger Moehl
- *Andrew Silcox
- 29 *Mary Morales

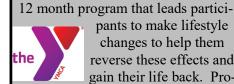
The Naughty List!

Continuing this * month, if you haven't had your picture taken, you're on the naughty list (you have an asterisk next to your name in your birthday month in the newsletter). So if you have that pesky asterisk, come in and

get that photo taken!

February

YMCA launches 2 Chronic Disease Prevention Programs **Diabetes Prevention Program:**



pants to make lifestyle changes to help them reverse these effects and gain their life back. Pro-

gram is covered by most insurances and Medicare and allowed patients access to 1-yr membership at YMCA.

Weight Loss Program: For those already diagnosed with diabetes or do not yet have any signs of prediabetes. 12 weeks long.

Silver Sneakers & YMCA Mem-

bership: Did you know that as a Medicare recipient, you may qualify for a FREE monthly membership to the YMCA (which includes all LaPorte County YMCA's?). That's free exercise classes, free swimming classes, and so much more! Contact them today for more info.

For more info: Email:

ktriemstra@lpymca.org Phone: 219-221-4055 X306 Or In Person at Michigan City YMCA

Raffle 2025

Tickets will be sold beginning in March

NEW This year:

- Oty of (2) 1st prizes: Each wins (5) \$20 gift cards
- Qty of (2) 2nd prizes: Each wins (5) \$10 gift cards
- Qty of (2) 3rd prizes: TBD

Total Value of all prizes: \$500

Use it or Lose It

New research on the human brain shows that the brain responds well to the right kind of stimuli (both mental and physical activity). In each issue of the Golden Times (space permitting), I'm going to be sharing some exercises for your brain. I encourage you to incorporate them into your daily life and let's keep ourselves as active & healthy as we can!

This month, "Time Line"

Develop a time line by using a piece of 8 1/2 by 11 inch paper and drawing a straight line the length of the paper with a ruler.

Divide up the line with small vertical marks indicated years: 10, 20, 30, 40, 50, 60, 70, 80, 90, 100. Now assume that this line represents your life. Write in happenings and events at each stage of your life that filled you with pride and joy and a sense of fulfillment. Some decades will be more eventful than others so you will write more in those spaces. You may find that in the later years of your life there is less to write about. Give this some thought. Be sure to think of things that may be different from earlier years but just as

significant.

2025 Things to Come 2025

March

11th: Salute to Park Dept & Advisory Board

12th: Balance Assessment/by Rittten-

house

13th: Soup Day

20th: REAL Services presents BINGOCize 28th: CLOSED/Trash & Treasure Set-up

29th: Trash & Treasure Sale

April

1st 1st Travel/Almost Maine 7th-12th: 1st Travel/Branson 16th: Easter Egg Stuffing

18th: CLOSED/Good Friday

20th: Happy Easter!

24th: Trivia Challenge

May

8th: Spring Game Night

11th: Happy Mother's Day!

14th: Words in a Wink/G.A.B.

19th: Volunteer Luncheon

22nd: Spaghetti Dinner

26th: CLOSED/Memorial Day

29th: 1st Travel/Lucille Ball

June

15th: Happy Father's Day!
18th: 1st Travel/Ned & Nancy

19th: CLOSED/Juneteenth



New Orleans Sun, Sept 7-Sat, Sept 13

7 days 6 nights

\$939*



Branson Show Extravaganza

Mon, Apr 7-Sat, Apr 12

6 days 5 nights \$835*

- Motorcoach transportation
- •5 nights lodging including 3 consecutive nights in the Branson area
- •8 meals: 5 breakfasts, and 3 dinners
- Admission to 6 Fabulous Shows! Including:
- 3 Morning Shows: Jersey Nights Show, Doug Gabriel Morning Show, & Beach Boys/California Dreamin'
- 3 Evening Shows: The Haygoods Show, Edge of Illusion featuring Reza & "David" Show at the Sight of Sound Theatre
- *Price per person, based on double occupancy. Add \$199 for single occupancy. \$75 Due Upon Signing. Final payment due 6/30/2025. 1/31/2025.

- •Motorcoach transportation
- •6 nights lodging including 4 consecutive nights in the New Orleans area
- •10 meals: 6 breakfasts, and 4 dinners
- **•GUIDED TOUR OF NEW ORLEANS**
- •Admission to the Nat'l World War II Museum
- •GUIDED TOUR OF A LOUISIANA PLAN-TATION
- Admission to Mardi Gras World
- Relaxing Riverboat Cruise on the Mississippi River
- •Enjoy Historic New Orleans French Otr
- *Price per person, based on double occupancy.
 Add \$275 for single occupancy.

\$75 Due Upon Signing. Final payment due 6/30/2025

See pg 4 for day trips, overnighter info, and booking info. ALL trips must be booked thru First Travel.

Michigan City Senior Center Two on the Lake Michigan City, IN 46360

Or Current Resident

NON-PROFIT ORGANIZATION US POSTAGE PAID MICHIGAN CITY, IN PERMIT NO. 51



Happy Anniversary

Terrence & Maureen Dunn on their Feb anniversary Willie & Belinda Lee on their Feb anniversary David & Caroline East on their 32nd on Feb 2 Patrick & Deborah Jakelski on their 57th on Feb 3 Thomas & Margaret Kownover on their 32nd on Feb 6 Donald & Ann Beese on their 63rd on Feb 10 Alex & Karen Jarrell on their 52nd on Feb 10 Steve & Sadie Miller on their 32nd on Feb 10 Ron & Rita Watson on their 57th on Feb 10 Paul & Joan (Each) Ronan on their 42nd on Feb 13 Loren & Ruth Adrian on their 36th on Feb 14 Gary & Karen Marfise on their 52nd on Feb 14 John P. & Nancy White on their 50th on Feb 14 Ron & Betty Thomas on their 56th on Feb 15 Owen & Mary Hurley on their 52nd on Feb 17 Darnel & Patricia Ellis on their 47th on Feb 18 Okey & Carmen Akers on their 3rd on Feb 19 Carl & Jackie Babcock on their 60th on Feb 20 Jim & Pam Waltz on their 55th on Feb 28 Jim & Tracy Hartson on their 5th on Feb 29

In Sympathy...

We wish to extend sympathy:

Ophelia Blalack on the loss of her husband Clois Blalack; Sherri Alonso on the loss of her father Robert Alonso and the loss of her mother Elaine Alonso, Owen & Mary Hurley on the loss of her

sister-in-law Connie Benninghoff; and to the families of Louis Heller, Karen Urbanski, Donna Russell, & Ann Hart; and to anyone grieving the loss of a loved one.





Get Well Soon

Barb DeVries, Debbie Palm, and anyone else feeling a bit under the weather.



Please continue to notify us of any sympathies, get-wells, or if we've missed or incorrectly listed any anniversaries or birthdays. Thanks!